IMAGINE THE POSSIBILITIES.
transitions
Your Future in Pharmacy
Where can you go and how can you get there?
So you want to be a pharmacist?

- Hospice & Home Care
- Academic Pharmacy
- Managed Care
- Hospital & Health-System Practice
- Community Pharmacy
- Consulting Pharmacy
- Independent Ownership
- Uniformed (Public Health) Service
- Long-term Care

APhA new practitioner network
What will you become?

- Director of the world’s largest cancer research center
- Lead author of nationally-recognized clinical guidelines
- Inventor of the world’s most popular beverage
- United States Vice President
Why Postgraduate Training?

- Gain the competitive edge
- Advanced training and expertise
- New and unique opportunities
- Advance the Profession
The choice of postgraduate experience will vary based on your goals and interests.

- **Residency**
  - Mostly clinical experience
  - Small research component

- **Fellowship**
  - Mostly research-focused
  - Clinical experiences vary

- **Master’s/PhD**
  - Mostly classes/coursework
  - Results in a degree
Pharmacy Residencies

- Year-long intensive training experience focused on enhancing practice knowledge and skills
- Completed under guidance of preceptors
- Equated to 2-3 years of professional practice

Postgraduate Year 1
PGY1

Postgraduate Year 2
PGY2
• Provide patient-centered care
• Develop practice leadership
• Provide education and training
• Develop project management skills
• Engage in research
PGY2 Residencies

Additional training in a specialized area of practice

<table>
<thead>
<tr>
<th>Ambulatory Care</th>
<th>Nephrology</th>
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<tbody>
<tr>
<td>Cardiology</td>
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<td>Infectious Diseases</td>
<td>Transplantation</td>
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<tr>
<td>Internal Medicine</td>
<td>And more!</td>
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</tbody>
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Finding the Right Residency for You

Example considerations include:

- Types of patient care opportunities available
- Leadership and management experiences
- Teaching or precepting opportunities
- Typical resident schedule and expectations
- Stipend and employee benefits
- Accreditation status
- Location
Residency FAQs

• Do residents get paid?
• What will I do during a residency?
• What will completing a residency do for me?
• How hard is it to obtain a residency position?
• How can I make myself marketable to obtain a residency?
Residency Application Deadline

- Fall Research
- Winter Apply
- Spring Interview
- The Match!

APhA
new practitioner network
ASHP Midyear Clinical Meeting

- December 2-6, 2012
- Located in Las Vegas, NV
- Highlights for potential residency applicants
  - Residency Showcase
  - Personnel Placement Service (PPS)
Resident Matching Program

• Orderly process for matching applicants with programs based on rank list
• Coordinated by National Matching Service (NMS)
• Only for ASHP-accredited or eligible programs
• New for this year - PhORCAS

Match Timeline

- Nov 1 Lists available
- Jan 11 NMS fee due
- March 8 Rank list due
- March 22 Match day!
Postgraduate Programs

- Two or more years of advanced education and training, often in a specific area of interest
- Often coupled with a research focus
- Mentorship by an advisor and/or committee

- Fellowship
- Research
- MS / MA
- Master’s degree
- PhD
- Doctor of Philosophy
- JD
- Juris Doctorate
Graduate Specialties

- Behavioral Science
- Clinical research
- Economics
- Epidemiology
- Gerontology
- Hospital Administration
- Marketing
- Outcomes Research

- Pharmacology
- Pharmacodynamics
- Pharmacokinetics
- Pharmacogenomics
- Public Health
- Regulatory Sciences
- Toxicology
Postgraduate Programs

Finding a Postgraduate Program

– Speak with faculty members and current graduate students
– Attend AACP and ACCP meetings
– APhA 2013 Postgraduate Training Showcase

Postgraduate Application Timeline

- Summer Research
- Fall GRE / Prep
- Winter Apply
- Spring Find your Fit!
Where can you go and how can you get there?
Taking the Next Steps
Taking the Next Steps

PY1 Year
• Keep an open mind
• Get involved!
• Don’t stress out!

PY2 Year
• Discover your interests
• Identify at least one mentor
• Continue involvement in organizations and/or research experiences
Taking the Next Steps

PY3 Year

• Shadow pharmacists
• Research residencies
• Choose rotations wisely

PY4 Year

• Update CV & have reviewed
• Practice interview skills
• Attend ASHP Midyear if looking for a residency
• Consider PPS
• Pick a postgraduate path and take the steps to get there!
New Residency Book

Getting Started in a Pharmacy Residency

Monica L. Miller

✓ Prepare your residency application (includes sample CVs and letters)
✓ Tips for researching and connecting with residency programs
✓ Interviewing techniques, including sample questions
✓ The Match and “Scramble”
✓ Interviews with former pharmacy residents and industry fellows

Coming Soon! February 2013
Making the Most of Your Introductory (IPPE) Rotations

• Get a broad range of experiences
• Always ask “why”
• Be PROactive versus REactive
• Push yourself outside your comfort zone

Where the magic happens

Your comfort zone
Making the Most of Your Introductory (IPPE) Rotations

- Maintain a patient-centered focus
- Intentionally seek advice from preceptors and other pharmacists at site
- Develop written goals for each rotation
- Networking!
- YOGOWYPI
Making the Most of Your Advanced (APPE) Rotations

• Be confident in your training
• Strategically schedule your rotations if considering postgraduate training
• Choose a variety of settings
• Come to a rotation with goals and objectives
• Keep your end goal in mind
Making the Most of Your Advanced (APPE) Rotations

• Ask for a variety of experiences
• Be a “little l” leader
• If desired, ask for extra experiences (e.g. writing or research)
• Network!
Choosing Your Path

- APhA Pathways Program
  http://www.pharmacist.com - click “Careers”
- Attend career fairs and showcases
- Reflect on your rotation experiences
Taking the Next Step

Identify Your Strengths

Seek Work / Life Balance

Build a Professional Portfolio

Stand on the Shoulders of Giants

Connect with Your Colleagues
Identify Your Strengths

• Focus on strengths rather than weaknesses
• Your strengths may have little to do with what you’re actually good at
• Use your time in school to identify what your true strengths are
The Shoulders of Giants

• Mentorship is critical!
  – Supports personal and professional development
  – Provides perspective
  – Opens new doors

• APhA New Practitioner Mentor Program
Seeking Balance

- Seeking balance can be a challenging task!
- See priorities in context with the “big picture”
- Neglecting personal life may actually decrease productivity
- Identify escape activities
- MAKE time for yourself
Wrapping Up

• Your PharmD is only the beginning
• Be informed, explore your options, and plan for the future - don’t just take up a seat!
• Don’t hesitate to ask for help
• Continue your APhA membership!
Mission of the NPN

The mission of the APhA New Practitioner Network is to support the transition from student to pharmacist by helping new graduates discover opportunities in pharmacy, develop themselves and their professional network, and empower them with the knowledge and skills necessary to define the future of their profession.
Benefits & Resources

• Networking and making connections with colleagues and mentors
• Exclusive new practitioner programming at the APhA Annual Meeting & Exposition
• Communication vehicles and publications
• Financial planning advice
• Preceptor development
• Leadership & volunteer opportunities
APhA New Practitioner Network

• Online: http://www.pharmacist.com/npn

• APhA New Practitioner Staff

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Like, Tweet, or Link In with NPN
More on Postgraduate Training

- **American Pharmacists Association**
  http://www.pharmacists.com/ · 1-800-237-APhA
  Anne Burns (ext. 7522) - ABurns@aphanet.org
  James Owen (ext. 7540) - JOwen@aphanet.org

- **American Society of Health-System Pharmacists**
  http://www.ashp.org/ · 1-866-279-0681
  Janet Teeters (301-664-8656) - JTeeters@ashp.org

- **American College of Clinical Pharmacy directory of residencies, fellowships, graduate programs**
  http://www.accp.com/resandfel/
Questions?
Visit me at the APhA Booth!
DISCOVER. DEVELOP. DEFINE.