Addressing the COVID-19 Crisis: An Open Forum Webinar Series for Pharmacists

May 14, 2020
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Dean and Professor
Loma Linda University School of Pharmacy
President, APhA

Host and Moderator
Today’s Focus:

Discuss perspectives on well-being and resilience for pharmacists during the COVID-19 pandemic
Dr. Ken Duckworth
Chief Medical Officer
National Alliance on Mental Illness

Guest Speaker
Daniel Zlott, PharmD, BCOP
Vice President
Professional Education Resources
American Pharmacists Association

Subject Matter Expert: Q&A
Michael Baxter
Senior Director, Regulatory Policy
American Pharmacists Association

Subject Matter Expert: Q&A
Format for Today’s Webinar

1:00 pm: Introductions – Michael Hogue

1:05 pm: Discussion with Ken Duckworth – Michael Hogue

1:20 pm: Open Forum: A Minute for Your Thoughts – Michael Hogue

1:45 pm: Overview of APhA Well-being resources – Michael Hogue

1:50 pm: Wrap Up: Review of APhA’s Ongoing Activities and What’s Coming
Discussion with Dr. Ken Duckworth

Discuss perspectives on well-being and resilience for pharmacists during the COVID-19 pandemic
Polling Question

I have personally experienced increased anxiety during the COVID-19 pandemic.

A. Strongly agree
B. Agree
C. Neutral
D. Disagree
E. Strongly disagree
Polling Question

I have personally experienced increased sleep disturbances during the COVID-19 pandemic.

A. Strongly agree
B. Agree
C. Neutral
D. Disagree
E. Strongly disagree
Open Forum Ground Rules

• Use the **Questions** field on the GoToWebinar toolbar to submit comments and questions related to the topic discussion

• Individuals whose submissions are selected will be asked by the moderator to state the comment or question for the audience. The line for the individual will be unmuted to read their comment or question.

• To maximize the number of questions/comments addressed, a **60-second time limit** will be in effect for everyone to state their question or comment.

• We will try to get to as many comments and questions as possible. We have created a new forum for COVID-19 discussions where further discussion post-webinar. Information on participating in this forum will be provided at the end of the open forum.
Open Forum Discussion: A Minute for Your Thoughts

Comments, Questions, Feedback
APhA Well-being Resources
Well-Being Center on pharmacist.com
www.pharmacist.com/well-being

APhA COVID-19 Update – May 9th
Spotlight on Well-being
with Tips and Links to Well-being apps
Check your email!
Your Report with overall score, comparison to all pharmacists and where you fall on each of the dimensions

Available Resources after you assess
Burnout is real.

Take advantage of APhA’s online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being. It takes less than 5 minutes to answer 9 short questions. It’s 100% anonymous, free, and you do not need to be an APhA member. Resources are available once you submit your assessment.

Pharmacists Well-being Index
https://app.mywellbeingindex.org/signup

Invitation Code: APhA
Review of APhA’s Ongoing Activities and What’s Coming
NEW Episodes – APhA’s 15 on COVID-19

An education series designed to help you sort COVID-19 fact from fiction. Each episode is 15-20 minutes and provides CPE.

Episode 15: Sedation Drugs

Episode 16: Anticoagulation in COVID-19
Advocating for You on Coronavirus

Pharmacist testing:
- Pharmacy outreach to Admiral Giroir to support regulatory and legislative clarification to achieve more widespread pharmacist testing capacity
- Upcoming meeting with CMS to address questions and concerns with the interim final rule

DIR:
- 240 patient and healthcare advocates sent a letter urging Congress to fix DIR fees

FDA clarifications:
- Pharmacies are included in “patient care setting for CLIA-waived tests”
- Drug Supply Chain Security Act – flexibility for dispenser to dispenser transactions
Tell Congress Pharmacists Can Help Fight COVID-19 & Influenza

Congress is currently crafting new emergency legislation to address the COVID-19 pandemic. Please contact your federal legislators immediately and ask them to allow pharmacists to test Medicare patients for COVID-19 and influenza.

You can personalize the message by editing the content to share a relevant personal experience related to patient care. Legislators value real life examples of pharmacists helping patients. Remember to be polite and include your name and the city of your residence or pharmacy practice.

GO TO: actioncenter.pharmacist.com
Post on **ENGAGE**

*Pharmacy’s Response to COVID-19*

**POST** your questions

**SHARE** your lessons learned

**SUPPORT** your colleagues

**ACCESS** the latest information

What are you doing to manage your well-being during COVID-19?

What strategy did you learn to build resilience?
Join Us

Same day, Same time, Same Place

• Weekly webinar will be on Thursday, May 21st, from 1-2 pm ET
• The webinar recording and slides will be available within 24 hours

https://www.pharmacist.com/coronavirus/resources-training