

APhA2022

APhA Academy of Student Pharmacists

Operation Reproductive Health Workshop

Formerly Women's Health Campaign

March 19, 2022
San Antonio, TX



Neha Nadkarni

National Member-at-large
Operation Reproductive Health
National Liaison

Thank You to Our Supporter!



Background and Goals

Operation Reproductive Health: A History

Since its inception in 2018, Operation Reproductive Health (ORH), formerly known as Women's Health Campaign, has allowed student pharmacists to engage with a new patient population!



Operation Reproductive Health: A History

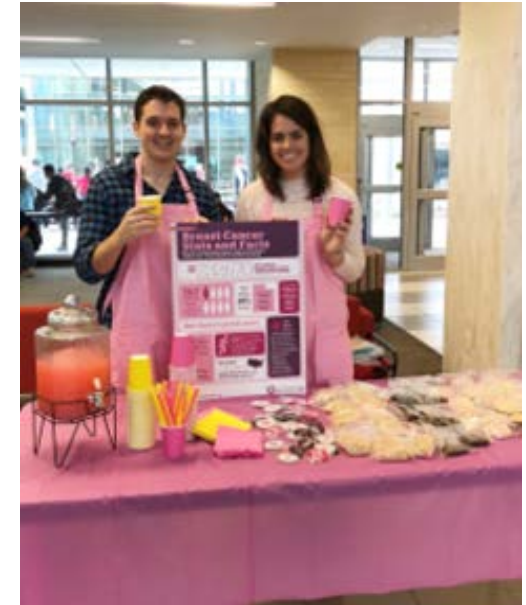
In the 2020-2021 year:

- 5,620 student pharmacists participated
- 9,379 individuals educated
 - 1,609 on cancer prevention
 - 608 on cardiovascular health
 - 2,189 on HPV vaccination
 - 1,099 on hormonal contraceptives
 - 520 on osteoporosis prevention
 - 458 on pregnancy wellness
 - 1,561 on reproductive health
 - 1,335 on other topics such as self-defense, domestic violence abuse and victim support, nutrition, mental health, diabetes prevention, health literacy, lactation, personal hygiene, smoking cessation, and urinary tract infections
- 1,335,349 individuals were reach via public relations initiatives



Operation Reproductive Health Goals

1. Provide education on hormonal contraceptive options, access to hormonal contraceptives, and shared clinical decision-making
2. Provide education on reproductive health and sexually transmitted diseases
3. Increase student pharmacist awareness of the needs for reproductive health education and opportunities for student pharmacist led programming in the community
4. Promote the profession of pharmacy and the role of pharmacists as a reproductive health resource



Roles and Responsibilities

Chair Roles and Responsibilities

- Plan and organize the chapter's Operation Reproductive Health programming under the direction of the Patient Care Vice President
- Help fulfill the Operation Reproductive Health goals
- Educate patients and peers on topics of:
 - Reproductive Health
 - Hormonal Contraceptives
 - HPV Vaccination
 - Pregnancy Wellness
 - Cardiovascular Health
 - ...and more!
- Lead committee members and participating chapter members for events
- Complete ORH portion of Chapter Annual Report



Collaborating and Communicating

At the Chapter Level

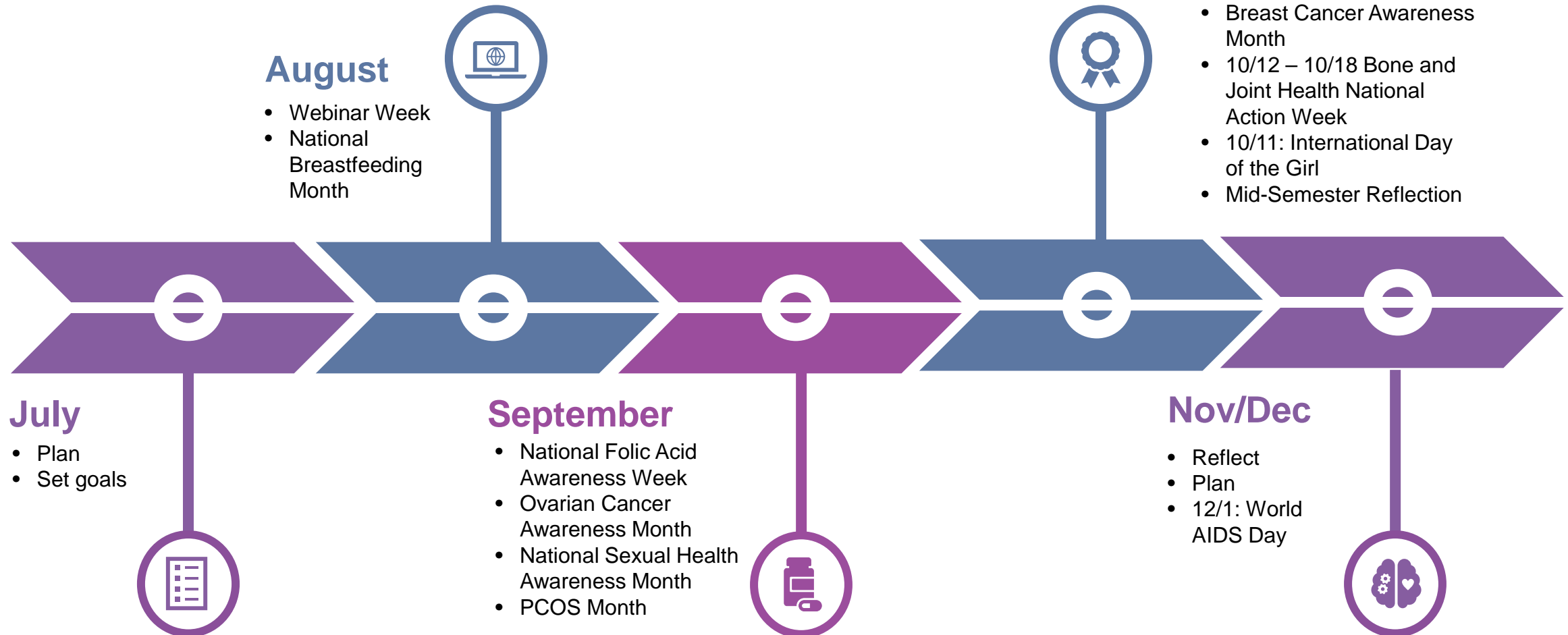
- Patient Care VP
- Incoming/past chair
- Other PCPs
- Other pharmacy organizations



At the Regional and National Level

- National Operation Reproductive Health Liaison (MESCL)
- Regional Member-at-large
- National Members-at-large
- Other schools

Timeline of Key Events



Timeline of Key Events

February

- International Prenatal Infection Prevention Month



April

- STD Awareness Month
- 4/11 – 4/17 Black Maternal Health Week



January

- Cervical Health Awareness Month
- Birth Defects Prevention Month



March

- National Endometriosis Awareness Month
- 3/10 National Women and Girls HIV/AIDS Awareness Day



May/June

- Reflect on year
- Submit CAR



Recent Name Change

From Women's Health Campaign to Operation
Reproductive Health

This name change ensures that our patient care project is most inclusive and welcoming to patients who may identify as transgender and gender nonconforming.



Resources

Resources

Pharmacist.com

**Chapter
Operations
Manual (COM)**

Transition Guide

Event Check List

**OpRH Chairs
Nationwide**

**Chapter
Advisors**

**A_{Ph}A-ASP
Social Media**

**New Practitioner
Network**

**Email
Communications
from SPC & CEU**

**CDC
Reproductive
Health**

**Planned
Parenthood**

ACOG

Resources

Pharmacist.com

Step One



Step Two



Resources

Pharmacist.com

[LOGIN](#)
[JOIN / RENEW](#)

ASP Projects & Programs

APhA-ASP has opportunities for student pharmacists to become involved through patient care projects, community outreach, international organizations, career programming, professional development and more.

APhA-ASP national patient care and community service projects



- Operation Diabetes
- Operation Heart
- Operation Immunization
- Operation Reproductive Health
- Operation Substance Use Disorders
- OTC Medicine Safety
- Women's Health Campaign

APhA-ASP international opportunities



▪ APhA-ASP IPSF

APhA-ASP professional development programs



- National Patient Counseling Competition
- PharmFlix Video Contest
- Professional Development Series
- Virtual Learning

APhA-ASP career development programs



- APhA Experiential Program
- APhA Career Pathway Evaluation Program for Pharmacy Professionals

Step Three



Resources

Pharmacist.com

APhA-ASP Operation Reproductive Health



Previously known as the [Women's Health Campaign](#), Operation Reproductive Health is focused on student pharmacists reaching out to their communities to provide health and wellness services focused on improving cancer prevention through Human Papillomavirus (HPV) vaccination and improving reproductive and sexual health education. Through public awareness, community outreach, and patient-specific education on reproductive health and cancer prevention strategies, chapters have the ability to empower more patients to take control of their reproductive health.

Goals of the Operation Reproductive Health:

1. Increase student pharmacist awareness of the needs for sexual and reproductive health education and opportunities for student pharmacist-led programming in the community
2. Provide education on the HPV vaccine and increase understanding of the HPV vaccine use in cancer prevention
3. Provide education on reproductive health including prevention of sexually transmitted diseases, hormonal contraceptive options, and access to hormonal contraceptives
4. Promote the profession of pharmacy and the role of pharmacists as a resource on these topics

Operation Reproductive Health Resources

[Increasing Access to Hormonal Contraceptive Products](#)

Many states now allow pharmacists to prescribe hormonal contraceptives to increase and ensure patient access. This 4-hour online interactive training program will prepare pharmacists to discuss the hormonal contraceptive options available to prescribe, furnish or dispense, in accordance with state laws. This training meets the requirements for most states that currently allow pharmacist-furnished contraception.

[Test Your Knowledge - HPV Quiz](#)

As immunization providers, pharmacists have an important role in public health and protecting patients from vaccine-preventable diseases. CDC's Advisory Committee on Immunization Practices (ACIP) recommends the HPV vaccine for specific populations. Test your knowledge of HPV immunization with this short quiz.

Thank you to the Supporter!

APhA-ASP Operation Reproductive Health is supported by [Merck](#).

Resources: Event Planning

- Chapter Officer Resources Hub
 - Cookbook
 - Workshop Recordings
 - Social Media Templates
 - Virtual Care Packages
 - ...and more!
- Pharmacist.com
 - Patient Care VP resources
 - Patient Care Project Chair resources
 - Operation Reproductive Health Page

APhA-ASP Presents:
Women's Health Campaign Event Ideas

WOMEN'S HEALTH **APhA**
APhA Academy of Student Pharmacists

Virtual Events:

- Educational Zoom/WebEx event with middle schoolers and high schoolers
- Create educational videos or pamphlets for distribution at senior centers and women's shelters (topic ideas: osteoporosis and bone health, menopause, pregnancy health and birth control, important vaccinations)
- Watch a women's health related movie/documentary as a chapter and host a discussion afterwards
- Organize and host a breast cancer awareness panel on Zoom/WebEx. Invite faculty, oncology pharmacists, and even survivors to share their stories and answer student pharmacist's questions

In-person Events:

- Educational tabling events for breast cancer awareness, HPV vaccine education, and bone health vitamin supplementation. These events could be hosted at low-risk community locations or your university
- Sanitary products and personal hygiene items donation drive
- Informational session at a women's shelter
- Assembly/educational event for middle schoolers and high schoolers

Hybrid Events:

- Care package creation! Students can remotely send items or monetary donations, and a few students can create care packages in-person to donate to women's shelters or nursing homes
- Breast cancer post-it note wall: A large banner or poster can be hung in the school and students can add notes for survivors or why they fight for this cause as they pass by

APhA-ASP **WOMEN'S HEALTH**
AMERICAN PHARMACEUTICAL ASSOCIATION ACADEMY OF STUDENT PHARMACISTS APhA APhA Academy of Student Pharmacists

Chapter Cookbook

SHOW YOU KNOW: HPV QUIZ

HEAD CHEF **SOUS CHEFS**
Chapter Vice President or Women's Health Chair Women's Health Committee members or chapter volunteers

INGREDIENTS

- Information from the "Show You Know" quiz: <https://www.pharmacist.com/quiz/HPV>
- Poster or powerpoint with multiple choice questions from the Show You Know quiz
- Information on where members of the community can receive the HPV vaccine

DIRECTIONS

- Use this quiz to educate the public or fellow student pharmacists on HPV
- Use the "rationale" section, provided after answering each question, to explain the correct answer
- Provide information on where patients in the community can receive the HPV vaccine

Operation Reproductive Health Resources

Increasing Access to Hormonal Contraceptive Products

Many states now allow pharmacists to prescribe hormonal contraceptives to increase and ensure patient access. This 4-hour online interactive training program will prepare pharmacists to discuss the hormonal contraceptive options available to prescribe, furnish or dispense, in accordance with state laws. This training meets the requirements for most states that currently allow pharmacist-furnished contraception.

Test Your Knowledge - HPV Quiz

As immunization providers, pharmacists have an important role in public health and protecting patients from vaccine-preventable diseases. CDC's Advisory Committee on Immunization Practices (ACIP) recommends the HPV vaccine for specific populations. Test your knowledge of HPV immunization with this short quiz.

Resources

Event Checklist and Timeline



APhA-ASP Event Planning Checklist & Timeline

| | |
|-----------------------------|--|
| Proposed Event Title: | |
| Proposed Event Date: | |
| Proposed Event Description: | |

8 weeks before the event: Determine the goals

| | |
|-----------------|--|
| Event Type | <ul style="list-style-type: none"> • Patient-care project • Educational • Fundraiser • Professional/Leadership training • Social gathering (networking) |
| Main goals | |
| Target Audience | <ul style="list-style-type: none"> • Student pharmacists on-campus • Student pharmacists outside of campus |

7 weeks before the event: Determine the details

| | |
|--|---|
| Site Selection | <input type="checkbox"/> On-campus: <input type="checkbox"/> Off-campus: |
| Who are some potential partners? | Potential Collaborators: |
| Are you contracting with a performer or a speaker for the event? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Expenses | <input type="checkbox"/> Performer/Speaker Fee: <input type="checkbox"/> Food: <input type="checkbox"/> Decorations and set-up supplies: <input type="checkbox"/> Transportation: <input type="checkbox"/> Advertisement: |
| Funding Sources | • Are you selling tickets? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how much are you going to bring in? \$ _____ |

| | |
|--------------|---|
| | • Do you have fundraised dollars? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how much are you contributing? \$ _____ • Are you asking for funds from the Student Government Association (SGA) on-campus? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Total budget | Expenses: \$ _____ - Ticket Sales: \$ _____ - Previously Fundraised Dollars: \$ _____ = Amount needed to ask from SGA |

Resources

Event Checklist and Timeline

3-6 weeks before the event: Determine the agenda

| | |
|---|---|
| Order and length of time for all events | |
| Event Logistics | <input type="checkbox"/> Fill out a required event proposal form or funding form to the Student Government Association (SGA) on-campus <input type="checkbox"/> Confirm a selected site is reserved <input type="checkbox"/> Confirm food is ordered <input type="checkbox"/> Confirm chapter advisors or other chaperone (licensed pharmacists) are available for the event |
| Advertisement | <input type="checkbox"/> Make flyers and table tents <input type="checkbox"/> Advertise on social media (Facebook event, Instagram post) <input type="checkbox"/> Contact target audiences |
| Collaborators and Performer/Speaker | <input type="checkbox"/> Meet and plan out the collaborative elements <input type="checkbox"/> Provide any resources/directions that they need |

| | |
|----------------------------|--|
| Ticket Sales and Tabling | <input type="checkbox"/> Reserve a table and tablecloth to sell tickets or to promote the event <input type="checkbox"/> Recruit volunteers to staff the table |
| Event Staff and Volunteers | <ul style="list-style-type: none"> • How many volunteers needed for the event set-up? _____ • At what time are volunteers needed for the event set-up? • How many volunteers needed during the event? _____ |
| | <ul style="list-style-type: none"> • How many volunteers needed for the event clean-up? _____ • At what time are volunteers needed for the event clean-up? • What will the volunteers wear? Are white coats needed for student pharmacists? |

Resources

Event Checklist and Timeline

1 week before the event: Confirm last minute tasks

- ☐ Finalize the event schedule. Do you have an event script?
- ☐ Purchase all supplies and decorations for the event. Create any signs needed for the event, such as welcome signs and directional signs.
- ☐ Ensure all event registration and financial paperwork have been submitted.
- ☐ Send an email reminder to all event volunteers with details, expected tasks, and required attire.
- ☐ Confirm with your collaborators and performer/speaker. Prepare a speaker bio and introduction.
- ☐ Confirm with your advisor/chaperone. If needed, get emergency contact information for your advisor/chaperone.
- ☐ Last push for marketing. Advertise again on social media, hang more flyers, and place table tents.

Day of the event

- ☐ Arrive early to set-up the room and give direction to volunteers.
- ☐ Secure cash-box for at door ticket sales or money collection.
- ☐ Pick up or greet performer/speaker.

Post-Event: Event evaluation

- ☐ Send thank you letters or emails to your collaborators, performer/speaker, advisor/chaperone, and all event volunteers.
- ☐ Evaluate within the chapter executive board or committee if you met the event goals. Discuss what went well and what can be improved.

Resources

Transition Guide

Purpose

- Aids in leadership transition between incoming and outgoing ORH chair
- Provides essential tools and resources to understand position

Content

- Position specifics including roles and responsibilities
- Proposed timeline for the position
- Expansion on key events

Considerations

- Essential discussion points
- Ideas for the next year
- References and links including specific community resources

Resources

Chapter Achievement Report (CAR)

Documents total number of:

- Events
- Hours planning
- Hours conducting
- Individuals educated
- Individuals reached through public relations
- Student pharmacist participants



Resources

Chapter Achievement Report (CAR)

Essays:

- Most innovative event
- How an event benefited your members
- An interaction with a patient
- Implementation, innovation, involvement, and impact for all ORH events



Tips for a Successful Year

Tips for a Successful Year

- Build relationships with community partners
- Create a strong committee
 - Set goals and expectations early on
 - Develop a timeline for the academic year
 - Use checklist to create events
 - Offer virtual and in-person meetings, events, etc.



Tips for a Successful Year

- Create educational resources that can be handed out:
 - Flyers, QR codes that link to a video, etc.
- Collaborate with your Communications Vice President
 - Reach out to local media
 - Utilize social media
- Collaborate with other Patient Care Project Chairs to conduct health fairs
- Do not be afraid to ask for help!

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DEAI & SDOH

DEAI

- Diversity: **Representation** of different backgrounds and identities, including but not limited to: race, ethnicity, sexual orientation, socioeconomic status, beliefs
- Equity: refers to **fairness and justice** in treating people individually according to their needs, recognizing differences in privilege and opportunity
- Accessibility: curating a **culture of belonging** by actively inviting the thoughts, contributions, and participation of diverse groups of individuals.
- Inclusion: refers to the intentional, ongoing effort to ensure that **diverse individuals fully participate** in all aspects of organizational work, including decision-making processes.

Social Determinants of Health (SDOH)

“The conditions in the environments where people are born, live, work, play, worship, and age that affect a wide range of health functioning and quality of life outcomes and risks”

Social Determinants of Health



APhA2022

Cedarville University School of Pharmacy



WOMEN'S HEALTH

A_{Ph}A Academy of Student Pharmacists

Implementing the Women's Health Initiative

- Creating the Operation:
 - Soft start in the 2019-2020 school year to research ideas for community and student engagement
- Brainstorming Tactics:
 - Collaborating on events with other pharmacy organizations
 - Meeting the needs of student education



Sustaining the Women's Health Initiative

- Involvement Strategies:
 - Advertise events well
 - Class announcements
 - Proactively encouraging interested students to apply as chairs
- Innovate Events:
 - Events were trial and error based on student turn out and how we could keep getting others to participate in our events

SELF-CARE IS
HEALTHCARE:
Virtual Kick-Off Party!!
Wednesday Sept. 30 5:30pm Zoom Session



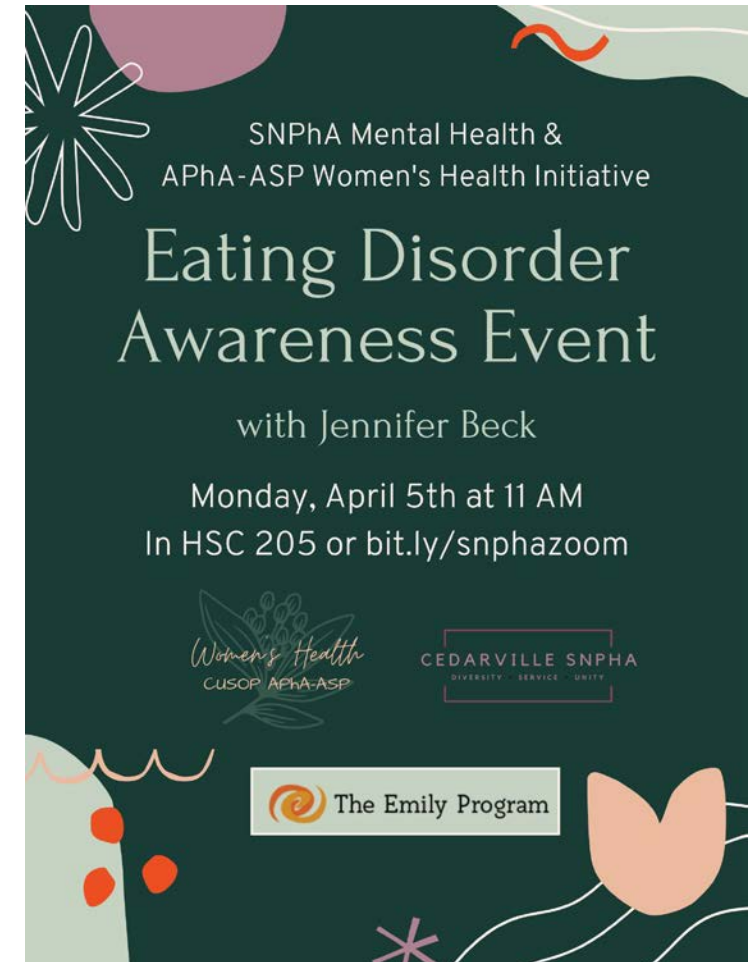
SCAN ME

Use the QR code above to sign up for an email care package and to attend a zoom session all about the HPV vaccine!



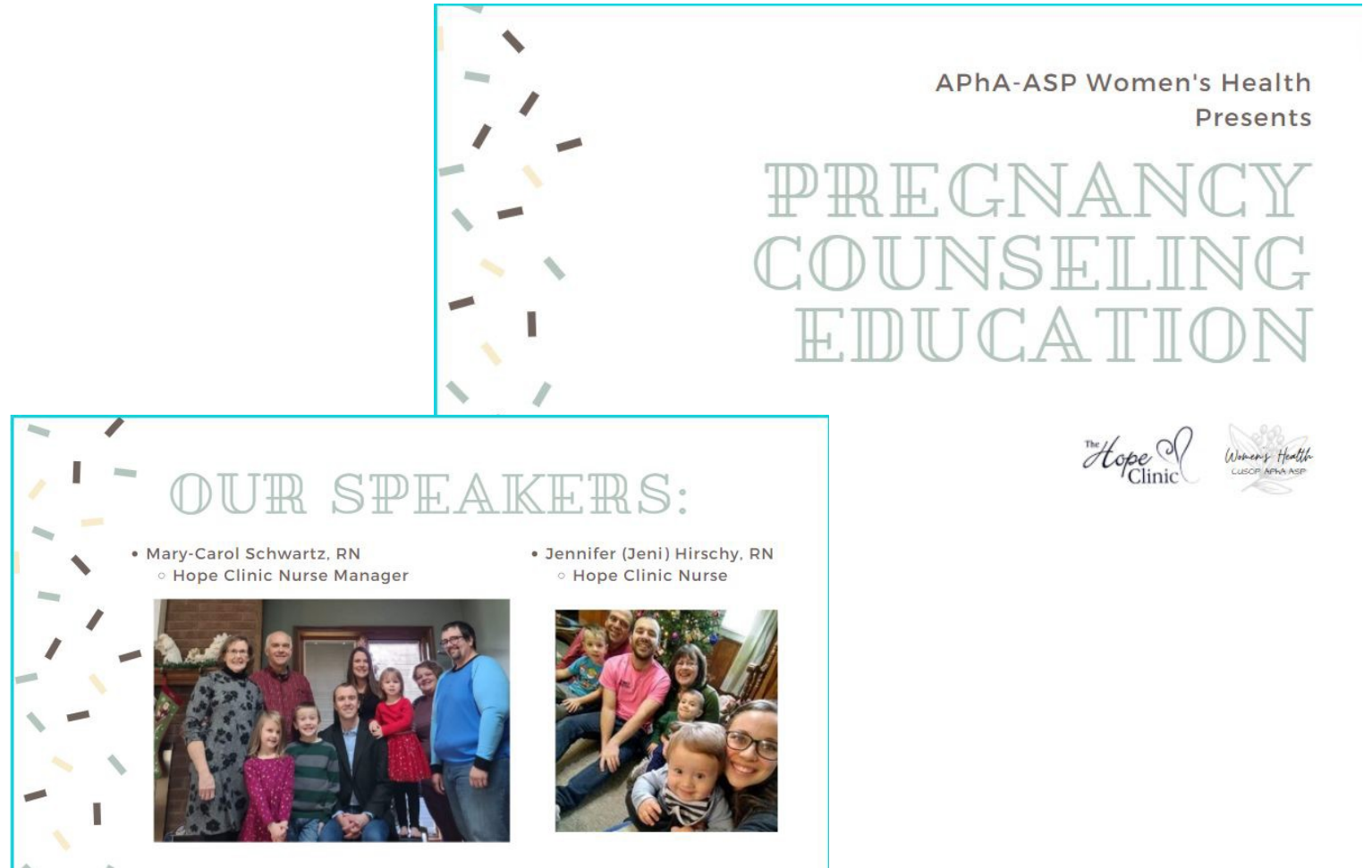
Collaborations: The Emily Project

- Passion project of one of the co-chair due to family history with eating disorders
- Connection with on-campus professor
- Partnered with local SNPhA chapter to gain more student interest



Collaborations: The Hope Clinic

- Katie (co-chair) volunteered a lot with the Hope Clinic in High School
- Offered a unique perspective regarding how students can help council women regarding pregnancy termination





APhA-ASP Women's Health
Presents

PREGNANCY COUNSELING EDUCATION

OUR SPEAKERS:

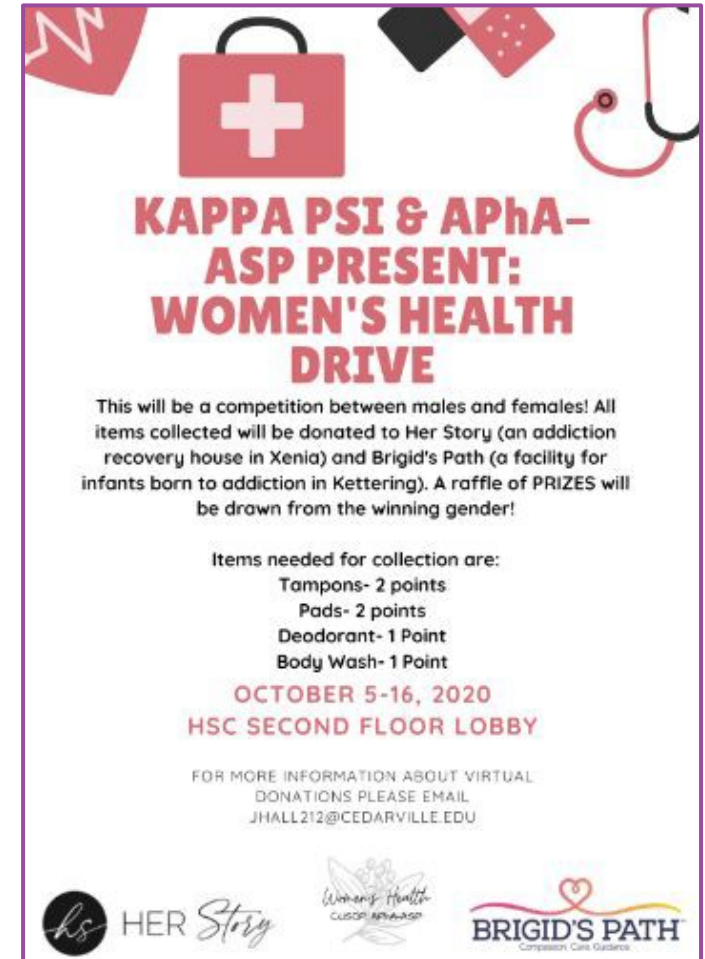
- Mary-Carol Schwartz, RN
◦ Hope Clinic Nurse Manager
- Jennifer (Jeni) Hirschy, RN
◦ Hope Clinic Nurse



The Hope Clinic logo and Women's Health logo are visible in the bottom right corner.

Feminine Hygiene Product Drive

- External Outreach:
 - Collaborated with Her Story and Brigid's Path to donate products to those struggling with drug use
 - Brigid's Path - focuses on moms
 - HerStory - provides safe place to live and recover from drug addiction
- 100s of products donated to each site



The poster features a red first aid kit icon with a white cross at the top center. To the left is a red heart with a white pulse line, and to the right is a red stethoscope. Below the icon, the text reads: **KAPPA PSI & APhA-ASP PRESENT: WOMEN'S HEALTH DRIVE**. The main text describes a competition between males and females for donating feminine hygiene products to Her Story and Brigid's Path. It lists the items needed for collection and their point values: Tampons (2 points), Pads (2 points), Deodorant (1 point), and Body Wash (1 point). The drive dates are October 5-16, 2020, at the HSC Second Floor Lobby. Contact information for virtual donations is provided at the bottom. Logos for Her Story, Kappa Psi & APhA-ASP, and Brigid's Path are at the bottom.



KAPPA PSI & APhA-ASP PRESENT: WOMEN'S HEALTH DRIVE

This will be a competition between males and females! All items collected will be donated to Her Story (an addiction recovery house in Xenia) and Brigid's Path (a facility for infants born to addiction in Kettering). A raffle of PRIZES will be drawn from the winning gender!

Items needed for collection are:
Tampons- 2 points
Pads- 2 points
Deodorant- 1 Point
Body Wash- 1 Point

OCTOBER 5-16, 2020
HSC SECOND FLOOR LOBBY

FOR MORE INFORMATION ABOUT VIRTUAL DONATIONS PLEASE EMAIL
JHALL212@CEDARVILLE.EDU

 **HER Story**  **BRIGID'S PATH**
Compassion. Care. Guidance.

Feminine Hygiene Product Drive

- Campus Outreach:
 - Created a guys vs girls competition to stimulate involvement
 - Wanted to break stigma associated with feminine hygiene products
 - Involved faculty
 - Hung posters in women's bathrooms with a poster educating about period poverty



Providing Feminine Hygiene Products to Students

- Through our budget and donations we were able to stock the women's bathrooms on pharmacy floors with pads/tampons for women in need.
- Remained stocked throughout the rest of the year with assistance of faculty/remaining operation budget
- Goal to continue for years to come

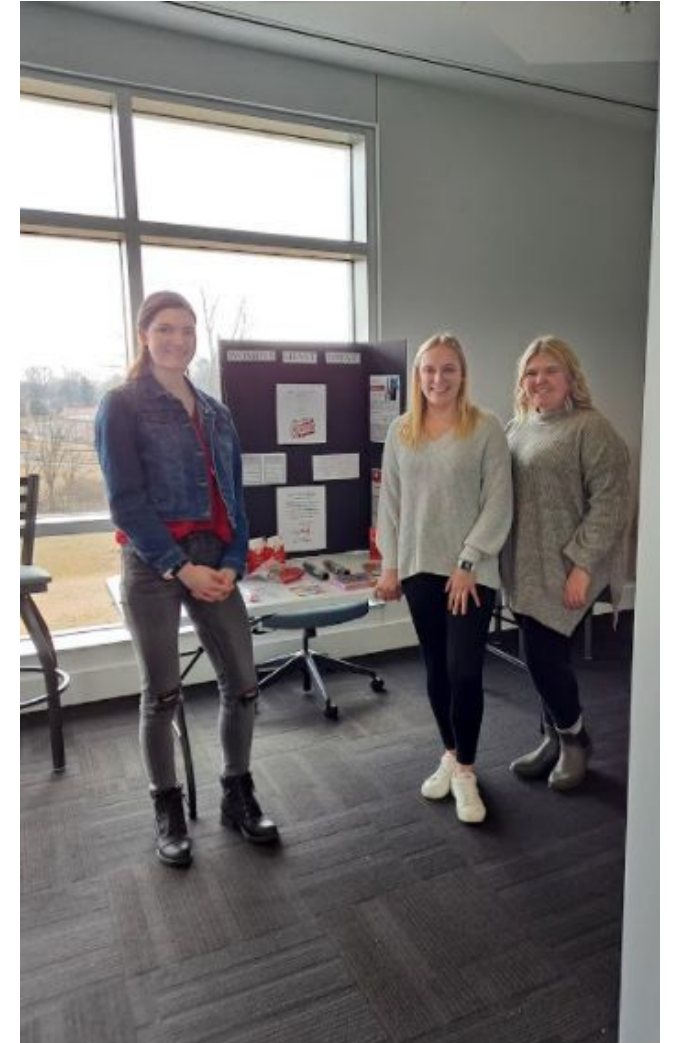


Contact Information

Cedarville University School of Pharmacy

Katelyn Kennedy

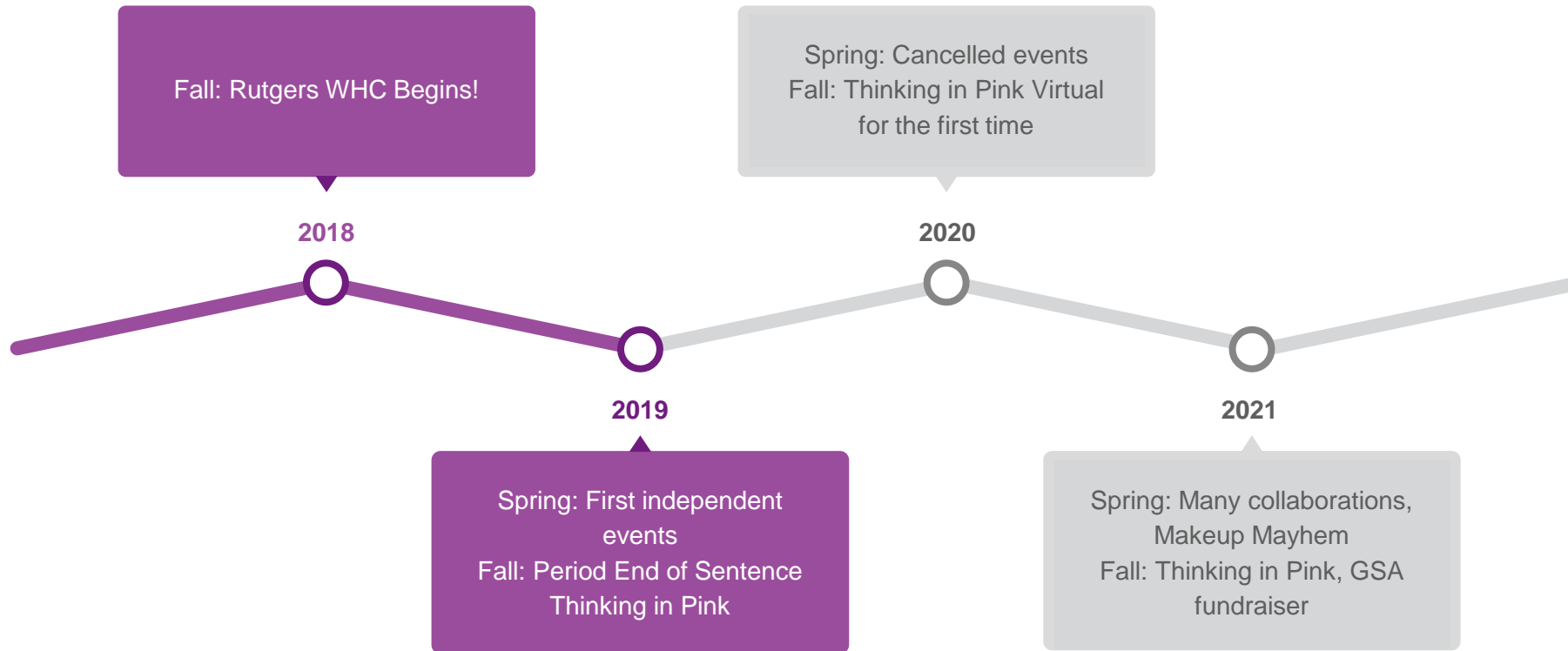
katelynhkennedy@cedarville.edu



Rutgers, The State University of New Jersey Ernest Mario School of Pharmacy

Soumya Jairam, Ivy Casieri, Richa Gavaskar, Pankti Patel, & Rebecca Lee

Intro



APhA x CPNP Mental Health Fair Collaboration

- **CPNP Annual Mental Health Fair**
 - Zoom event: April 14, 2021
 - Collaboration with The College of Psychiatric and Neurologic Pharmacists (CPNP)-Rutgers Chapter
- **Our Mission**
 - To explore differences in mental health conditions between genders
 - To bring to light women-specific mental health conditions



APhA x CPNP Mental Health Fair Collaboration

- **Our Role**

- Created an informative presentation on select mental conditions
 - ADHD and anxiety and how they differ between genders
 - PMDD, a commonly overlooked mental health condition affecting menstruating women
- Designed an interactive activity
 - Discussion questions to foster productive conversations



APhA x CPNP Mental Health Fair Collaboration

- **Challenges**

- Engagement in zoom events (cameras, participation, etc)
- Barriers in spreading awareness without face-to-face interaction

- **Lessons Learned**

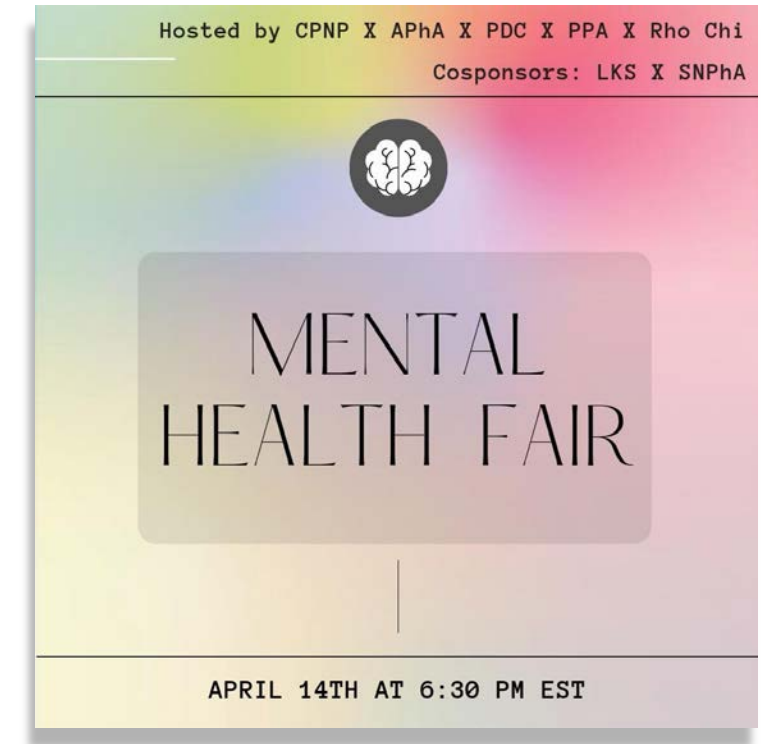
- Importance of event promotion
- Incentivizing event attendance/participation



APhA x CPNP Mental Health Fair Collaboration

- **Recruitment strategies**

- Networking strategies.
- Social media and word of mouth
- Fostered relationship with CPNP to pave the way for future collaborations



Netflix Watch Party: Documentary Screening

- **Screening of Broken: Makeup Mayhem**
 - Google Meets Event: March 3rd, 2021
 - Online adaptation of a past movie screening event
- **Our Mission**
 - To replicate the relaxed bonding experience of the previous event
- **Our Goal**
 - Utilize documentaries to raise awareness in our student body of health issues faced by women



Netflix Watch Party: Documentary Screening

- **Engagement**

- Welcomed participants with a brief introduction and encouraged engagement via live chat as the documentary was being screened
- Chat feature allowed for disruption-free discussions amongst the attendees and hosts
- Opened the floor for post-screening discussions with microphone and cameras turned on- this approach proved to be a great way for us to engage with the attendees on a personal level and broaden our committee's network
- As a token of gratitude for attending the event, we raffled for a Starbucks gift card



Netflix Watch Party: Documentary Screening

- **Recruitment strategies**
 - Primarily used social media to spread awareness that the event was happening and used gift cards to motivate them to attend
 - Engaged with all attendees



Contact Information

**Rutgers, The State University of New Jersey Ernest Mario
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Soumya Jairam

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APhA2022

University of Michigan College of Pharmacy

Committee Chairs:

Jacqueline Muscat, PharmD Class of 2023
Paige Stratton, PharmD Class of 2023

Chapter Advisors:

Amy Thompson, PharmD, BCACP
Sarah Vordenberg, PharmD, MPH

Objectives

1. **Cardiovascular Care in Women of Color** event and racial inequalities in the framework of social determinants of health.
2. Planning, logistics, and outcomes for the **Pharmacist's Role in (Rx)eproductive Health** event
3. **University Health Services** event and how collaborating with campus resources can educate the student body

Cardiovascular Care in Women of Color

Beatriz Manzor Mitrzyk, PharmD, BCPS, BCACP

Clinical Assistant Professor and Assistant Research Scientist at University of Michigan College of Pharmacy

Social Determinants of Health



- Safe housing, transportation, and neighborhoods
- Racism, discrimination, and violence
- Education, job opportunities, and income
- Access to nutritious foods and physical activity opportunities
- Polluted air and water
- Language and literacy skills

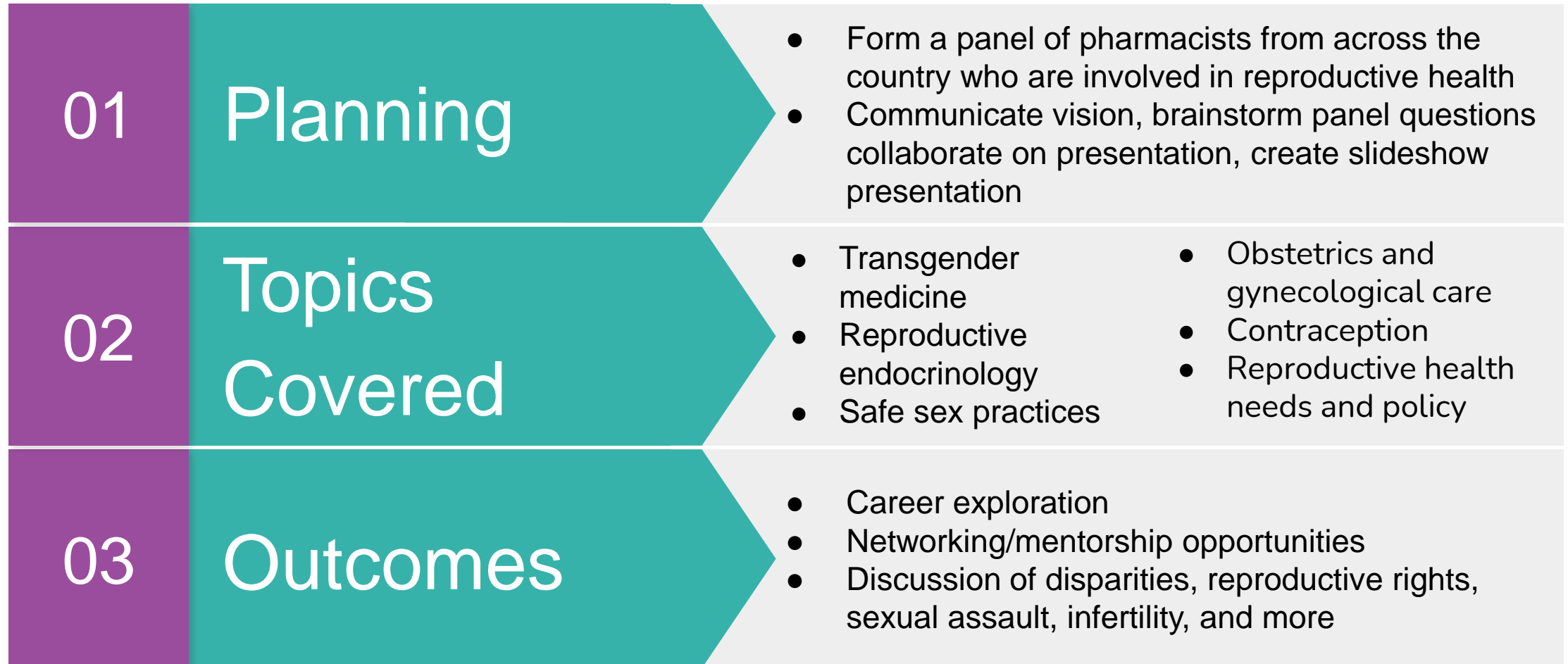
Cardiovascular Care in Women of Color



Pharmacist's Role in R_xeproductive Health

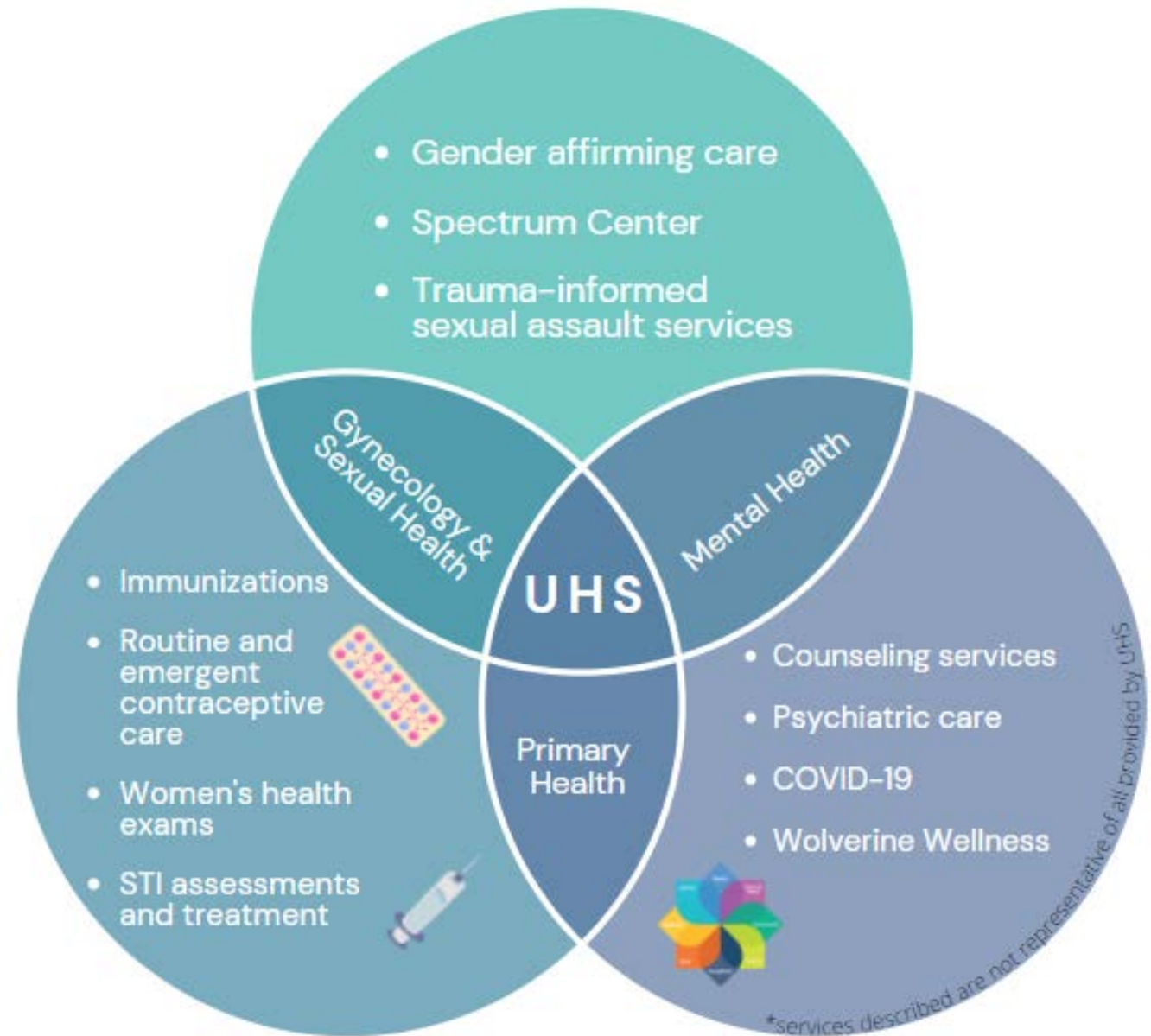
- **Sarah Abel-Forsythe, PharmD**
 - Clinical Pharmacist specializing in contraception management at the Madigan Army Medical Center
- **Lauren Cirrincione, PharmD**
 - Assistant Professor at University of Washington School of Pharmacy, studying HIV treatment/prophylaxis and gender affirming care in transitioning individuals
- **Don Downing, PharmD, BCPS**
 - Clinical Professor at University of Washington School of Pharmacy
- **Elise Fields, PharmD , BCPS, CDCES**
 - Reproductive Endocrinology Specialist at Syneos Health
- **Alexandra Herman, PharmD**
 - Assistant Professor and Inpatient OB/GYN Clinical Pharmacist at University of New Mexico Hospital
- **Lauren Leader, PharmD, BCPS**
 - Clinical Pharmacy Specialist in Obstetrics and Gynecology at Michigan Medicine

Pharmacist's Role in R_xeproductive Health



University Health Services Informational Event

Monique Steel, MSN, WHNP-BC, RN



Contact Information

University of Michigan College of Pharmacy

Paige Stratton

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Jacqueline Muscat

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APhA2022

University of South Florida Taneja College of Pharmacy

The Power of Partnership: Addressing Reproductive Health Equity

The Keys to Successful Programming for USF Taneja COP

The **KEYS** to creating sustainable impact requires balancing competing priorities between the chapter and the community partner.



- **Know the characteristics of your membership**
 - Gather data through informal surveying, social engagement → conversations, unique offerings based on current local issues, perceptions of value/ROI through feedback
- **Know the mission of your community partner**
 - Foster conversations about ‘deliverables’ for grants or outcome measures they have as impact metrics for their programming goals
- **Find the intersection** where the Patient Care Operation initiative aligns with chapter member capacity and community partner opportunity gaps/needs
 - Prioritize the slices and balance with exams, events, and continuity over time

Identifying & Building Community Partnerships

The **KEYS** to creating longitudinal partnerships are balancing chapter member passion, community needs, opportunities for impact, and knowing your teams' limits of service

- **Perform a Needs Assessment**
 - What are the chapter resources (time, personnel, curriculum, unique student skills/experiences)
- **Implement Project Planning Forms**
 - Set deadlines, delegate (*like actually delegate*), hold members accountable, build in opportunities for member ownership of tasks
- **Establish Roles and Expectations**
 - How can you leverage social media to promote and recognize effort of the partnership



Patient Care Project Collaboration

The **KEYS** to fostering collaboration are more than just taking a couple projects and working alongside together → that actually keeps us in silos; it's about blurring the boundaries altogether to identify unconventional approaches to something novel and impactful that builds over time

Women's Health / Reproductive Health Social Media Campaigns

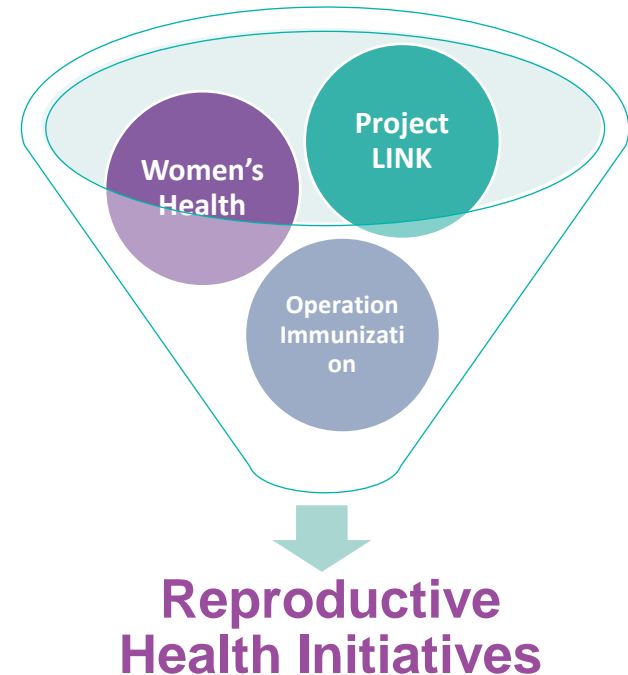
- Cervical Cancer Awareness
- PCOS Domestic Violence Awareness
- Women & HIV
- Endometriosis Awareness

Operation Immunization Workforce Enhancement

- HPV Ambassadors Training
- USPHS Women & Girls HIV/AIDS Awareness

Project LINK Community Partnership

- HPV Vaccinations
- Vaccine Hesitancy
- Health Equity (Hillsborough Back to School Initiative)



What are your chapters **KEYS** for success?



Contact Information

University of South Florida Taneja College of Pharmacy

Elliot Barrett

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Brittney Ban Kuijk

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APhA2022

The University of Georgia College of Pharmacy

The University of Georgia College of Pharmacy

2020-2021 Co-Chairs: Hannah Holloway & Mary Katherine Giles

2021-2022 Co-Chairs: Ally Eubanks & Emily Schafhauser

Faculty Advisor: Rebecca H. Stone, Pharm.D., BCPS, BCACP, FCCP

Objectives

Promote legislative change that would allow pharmacist prescribing of hormonal contraceptives and further expand Georgia pharmacists' scope of practice

Engage members and promote lasting relations for continued advancement of women's health

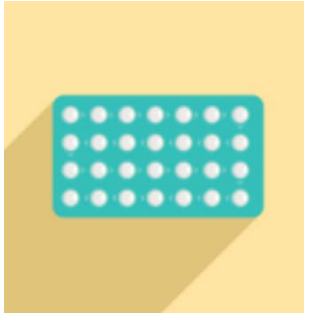
Educate, inform, and bring awareness to the unnecessary barriers that are present surrounding women's health

Collaborating with organizations across campus/different disciplines

Signature Drive: Pharmacist Prescribing Rights for Hormonal Contraception

Objective: Advocate for pharmacist prescribing rights while increasing access to hormonal contraception in the state of Georgia

Methods: Utilized paper flyers, QR codes, google forms, social media, College of Pharmacy events, and word of mouth to educate our community and colleagues on this initiative and provided them the opportunity to show their support





Pharmacist Prescribing of Contraception

An Overview for Pharmacists

To support GA pharmacists in this effort, scan the QR code!



45% OF PREGNANCIES IN THE US ARE UNINTENDED¹

Pharmacist prescribing of contraception increases options for patient access

For simplicity, this sheet uses "pharmacist-prescribed" to describe the pharmacist's ability to provide hormonal contraception directly to women without requiring a prescription from another healthcare provider. However, it is important to note that to grant this authority, states have utilized collaborative practice agreements, statewide protocols, and standing orders, and may use language other than "prescribe" to describe this authority. For example, California allows pharmacists to "furnish" hormonal contraception under a statewide protocol.

birthcontrolpharmacist.com

CURRENT STATE LAWS²

Legal in 16 states + Washington DC without a CPA.

- 7 states have an 18+ age requirement

Pharmacist participation is voluntary

- Training is required in all states

All states allow pills and patches

- Some also allow the ring and injection

WHAT DOES THIS LOOK LIKE IN PRACTICE?

Initial consults with the patient consist of:³

- Using a screening tool to determine eligibility
- Measuring blood pressure
- Evaluating patient medical history and preference
- Providing a prescription or referring to a physician

Fun Facts:

- In a 5 month span, pharmacists located in Oregon filled an average of **61 prescriptions** per month as the **prescriber**⁴
- Average time to perform the service and issue a prescription = **7.8 minutes**⁵

PAYMENT FOR SERVICES

- No current data in regards to private insurance coverage as this requires insurance plans to contract directly with pharmacies⁶
- In some states, Medicaid is required to cover the consultation
- Many pharmacies charge patients a flat fee of \$30-\$50⁷

OUTCOMES IN OTHER STATES

- At the conclusion of the Direct Access study, all pharmacists reported feeling confident and comfortable initiating, counseling, and managing contraception⁸
- 10% of patients in Oregon with Medicaid received their new oral or transdermal hormonal contraceptive prescription from a pharmacist⁴
- Among Oregon's Medicaid population at risk for unintended pregnancy, the policy averted an estimated **\$1.6 million unintended pregnancies** and saved **\$1.6 million** in the first year⁹

WHAT PATIENTS WILL BENEFIT?

- **90%** of Americans live within **5 miles** of a pharmacy, so pharmacists have an important role in contraceptive provision for underserved women in rural areas¹⁰
- Uninsured women perceived the cost for the service as an advantage because pharmacist services cost less overall than physician visits¹¹

THE MAJORITY OF WOMEN SEEKING THIS SERVICE:¹²

- Are between the ages of 18-35 (81%)
- Have insurance (74%)
- Have seen their PCP within the prior year (89%)
- Have previously used hormonal contraception (91%)

PASSED

| STATE | MODEL | EFFECTIVE |
|------------|--------------------|-----------|
| WASHINGTON | CPA* | 1981 |
| CALIFORNIA | STATEWIDE PROTOCOL | 1/1/14 |
| OREGON | STATEWIDE PROTOCOL | 7/6/15 |
| TENNESSEE | CPA* | 4/27/16 |
| COLORADO | STATEWIDE PROTOCOL | 2017 |
| NEW MEXICO | STATEWIDE PROTOCOL | 6/9/17 |
| HAWAII | STATEWIDE PROTOCOL | 7/1/17 |

*CPA: COLLABORATIVE PRACTICE AGREEMENT

| STATE | MODEL | EFFECTIVE | STATE | MODEL | EFFECTIVE |
|---------------|--------------------|-----------|----------|--------------------|-----------|
| WASHINGTON DC | CPA* | 3/28/18 | VIRGINIA | STATEWIDE PROTOCOL | 1/11/21 |
| UTAH | STANDING ORDER | 5/8/18 | NEVADA | STATEWIDE PROTOCOL | 6/2021 |
| NEW HAMPSHIRE | STANDING ORDER | 1/1/19 | DELAWARE | STANDING ORDER | 6/29/21 |
| MARYLAND | STATEWIDE PROTOCOL | 3/2019 | ARIZONA | STANDING ORDER | 7/2021 |
| WEST VIRGINIA | STANDING ORDER | 6/17/19 | ILLINOIS | STANDING ORDER | 7/2021 |
| MINNESOTA | STATEWIDE PROTOCOL | 5/2020 | VERMONT | STATEWIDE PROTOCOL | 7/1/2021 |
| ARKANSAS | STATEWIDE PROTOCOL | 2021 | | | |

UNDER REVIEW

| STATE | BILL # | DATE INTRODUCED | STATUS AS OF 08/23/2021 |
|----------------|--------|-----------------|---|
| OHIO | HB184 | 4/4/19 | Referred to House Committee 4/10/19 |
| INDIANA | H1141 | 1/7/20 | Referred to House Public Health Committee 1/7/20 |
| MISSOURI | HB1410 | 1/8/20 | Referred to House Children and Families Committee 5/15/20 |
| NEW JERSEY | S404 | 1/14/20 | Referred to Senate Health, Human Services and Senior Citizens Committee 1/14/20 |
| SOUTH CAROLINA | S151 | 1/12/21 | Referred to Committee on Medical Affairs. Legislature adjourned until Jan. 2022 |
| WISCONSIN | SB30 | 1/28/21 | Public hearing held on 2/9/21, and available for scheduling 2/11/21 |
| RHODE ISLAND | H5241 | 1/29/21 | Dead/failed on 6/30/21 |
| KANSAS | HB2342 | 2/10/21 | Referred to Committee of Health and Human Services 2/10/21 |
| IOWA | HF434 | 2/15/21 | Referred to Human Resources 4/15/21 |
| MASSACHUSETTS | S1487 | 3/29/21 | Passed in the House on 3/29/21. Hearing on 6/7/21 |
| NORTH CAROLINA | SB575 | 4/6/21 | Referred to Committee of Rules, Calendar, and Operations of the House 5/13/21 |

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10. Pharmacist Prescribing of Hormonal Contraceptives: Power to Decide. <https://power2decide.org/sites/default/files/2021-01/Pharmacist%20Prescribing.pdf> Updated September 1, 2021.

Editors: BirthControlPharmacist, Rebecca Stone, Pharm.D., Rachel Rickard, Pharm.D., Ally Eubanks, Pharm.D. Candidate, Emily Schafhauser, Pharm.D. Candidate, Hannah Holloway, Pharm.D. Candidate, Mary Katherine Giles, Pharm.D. Candidate

HOW PHARMACISTS CAN HELP YOU WITH YOUR BIRTH CONTROL OPTIONS

Currently, 16 states + DC allow pharmacists to prescribe hormonal contraceptives, Georgia is not yet one of them (1). Students at UGA's College of Pharmacy are trying to change this. We're asking for your help! Follow along to learn how pharmacists can help you if they were given prescribing rights.

What would this look like?

1. Go to your trusted pharmacy and speak with the pharmacist about your interest in starting a hormonal contraceptive.
2. Fill out a questionnaire and get a blood pressure reading (2).
3. Discuss 1 on 1 with your pharmacist about which options are best for you. That's it!

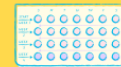
Pharmacists are one of the most accessible health care providers - they are there for you on weekends, nights, and holidays. They are your drug specialists!

If you support pharmacists being able to prescribe birth control, please consider signing this initiative by scanning the QR code. We will be presenting this to our state legislators and need your support!

HOW YOU CAN HELP:



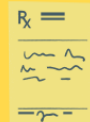
Resources worth checking out:



Bedsider.org



naspa.us



goodrx.com/blog/
prescriber-authority-for-pharmacists/

Women's Health

Pharmacists Prescribing Hormonal Contraceptives

Please refer to this fact sheet for more information:

https://docs.google.com/document/d/1sl6FUAg_k_gsfUidaoQQm5rVsKI3s4L3vAWbmGtitel/edit?usp=sharing



womenshealthapha@gmail.com (not shared)



[Switch account](#)

Hormonal contraception (the pill, patch, ring, and injection) has been used by women for over 60 years, and is safe and effective. However, women often face unnecessary barriers accessing birth control. Obtaining hormonal contraception directly from a pharmacist, without requiring a doctor's appointment or prescription, improves access to these important medications. Direct pharmacy access to hormonal contraception is already authorized in 16 states, and provides more options for women to control their reproductive health and lives.

"We the undersigned believe that women should be able to obtain hormonal contraception directly from pharmacists. We support legislation that would allow pharmacists to directly provide hormonal contraception in Georgia."

What is your full name?

Your answer

What is your email?

Your answer

What county are you registered to vote?

Your answer

Are you a pharmacist or pharmacy student?

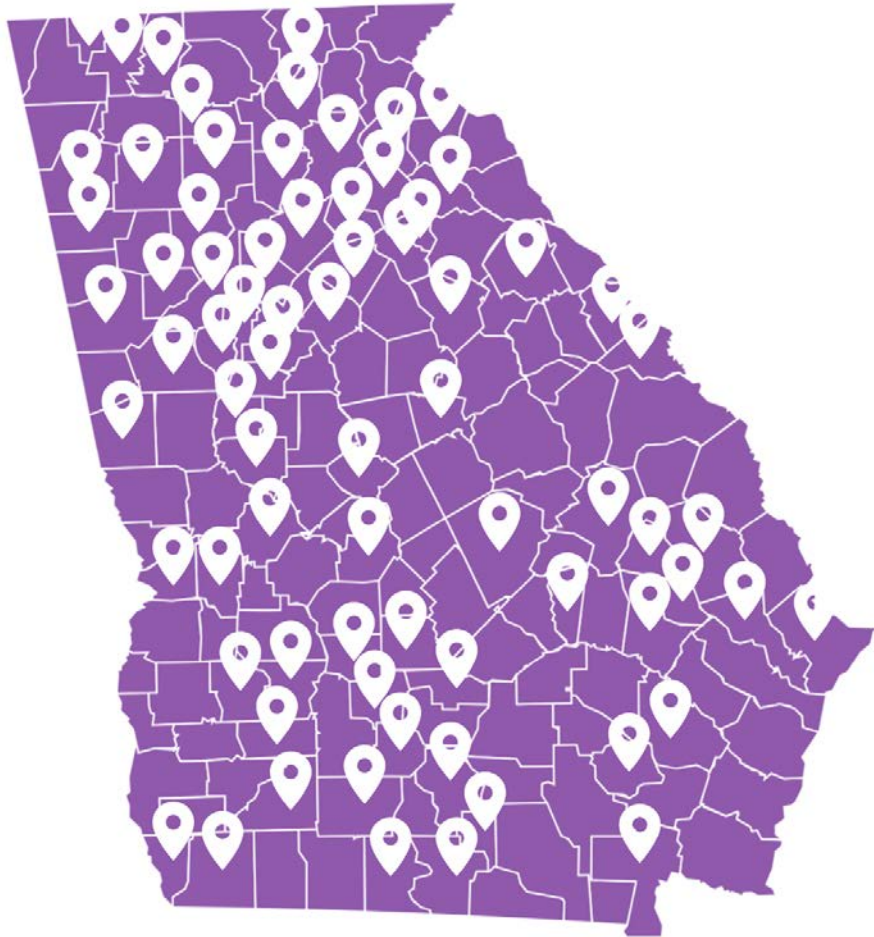
☐ Yes

☐ No

Submit

[Clear form](#)

Current Update



- **421** signatures from GA voters
 - Representing **76** counties in the state
 - Top: Clarke, Gwinnett, and Cobb
- 193 student pharmacist signed
- 228 residents/patients signed
- Plan to collect more signatures and send to GA legislators during the beginning of the 2023 session

Member Involvement

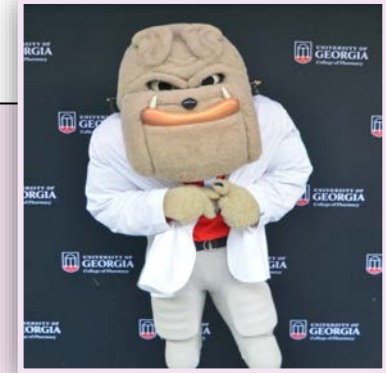


Members can volunteer for events, such as:

- Mammograms for Munchies
- Athens-Clarke County Hygiene Drive
- Pharmtoberfest
- Point System

Communicated and adapted through a variety of platforms:

- GroupMe
- Slack
- Social Media
- Flyers/Posters
- Chapter Meetings (traditional and virtual)



Our main goals for member involvement:

- provide members with leadership opportunities both virtual and in-person
- create a forum for new and creative ideas
- Share current news and need for advocacy

Collaboration within APhA-ASP



WHO SHOULD RECEIVE THE HPV VACCINE?

The Advisory Committee on Immunization Practices (ACIP) recommends that the vaccine be given routinely at age 11 or 12.

While the vaccine is not routinely recommended above 26 years of age, individuals may decide to receive the HPV vaccine due to new or various risk factors.

HPV AND CANCER RISK: WHAT YOU NEED TO KNOW

HPV infection can cause:

- Cancers of the cervix, vagina, and vulva in women
- Cancers of the penis in men
- Cancers of the anus and back of the throat, including the base of the tongue and tonsils (oropharynx), in both women and men.

HPV vaccination prevents cancer.

31,200 cases of cancer could be prevented with HPV vaccination each year. Same as the average attendance for a baseball game.

Resources

*HPV and Cancer: National Cancer Institute, National Cancer Institute, 19 Feb. 2015, www.cancer.gov/about-nci/communication/prevention/hpv-vaccine-against-the-sex-related-human-papillomavirus (HPV). Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 20 Dec. 2016, www.cdc.gov/vaccines/imz/whatsnew.html.

*Human Papillomavirus (HPV): Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 22 Aug. 2016, www.cdc.gov/humanpapillomavirus/hpv/index.html.

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*Side Effects of the HPV Vaccine: American Student Pharmacists Association (ASP) and the American Pharmacists Association (APhA), 24 Jan. 2017, www.americanpharmacist.org/health-advocacy/hpv-vaccine/.

Human Papillomavirus

What is HPV?

HPV is the most common sexually transmitted infection. HPV is a different virus than HIV and HSV (herpes). 79 million Americans, most in their late teens and early 20s, are infected with HPV.

IT'S NOT TOO LATE!

Unvaccinated adults between the ages of 19-26 years old are still eligible to receive the HPV vaccine.

Those above the ages of 26 should discuss the benefits of receiving the vaccine with their primary care provider.

WHAT IF YOU HAVE ONLY RECEIVED ONE DOSE?

For those who have had a dose at ages 9 through 14 and now present to complete the series as an adult, then only one additional dose is needed.

If an adult has not received any previous doses of the HPV vaccine before their 15th birthday, then three doses are recommended.

5 THINGS YOU SHOULD KNOW ABOUT HPV

1. For HPV vaccine to be most effective, the series should be given prior to exposure.
2. Most people with HPV never develop symptoms or health problems.
3. HPV infections are so common that nearly all men and women will get at least one type of HPV at some point in their lives.
4. 9 times out of 10, most HPV infections go away by themselves within two years.
5. Men and women can get HPV by having vaginal, anal, or oral sex with someone who has the virus.

HPV is a common virus that infects teens and adults.

80% of people will get an HPV infection in their lives.

How?

We recognized the need for HPV education and vaccine awareness and felt that Operation Immunization would have great contributions to this topic.

What?

Created a virtual presentation for the American Medical Student Association that included knowledge-based interaction and prize giveaways.

Advice?

Utilize both operations' committees to maximize member involvement.

HPV Vaccine Educational Poster with APhA-ASP Operation Immunization

Collaboration with other organizations



Collaboration with Student Oncological Advocates in Pharmacy for Breast Cancer Survivor Panel Event

Who? What?

We partnered with SOAP to put together a Breast Cancer Survivor Panel honoring 5 survivors in the college of pharmacy.

Advice?

Partnering with another organization helped us, as a new operation, to have a louder voice within the college and gain more attention.

Challenges?

Finding a balance and delegating tasks between the two organizations without stepping on each others' toes.

Acknowledgements

Operation Reproductive Health Co-Chairs

Hannah Holloway, 2020-2021

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Thank You to Our Supporter!

