

### **University of Houston**

# What is Pharmacy Olympics?

• During the month of October, student pharmacists

#### Impact & Outcomes

- Over 160 students and faculty participated
- Activities reinforced important concepts learned in class that are applicable to pharmacy practice
  Activities emphasized the important roles of pharmacists as drug experts and patient care
- participate in a series of weekly competitions called Pharmacy Olympics to celebrate American Pharmacist Month.
- The Pharmacy Olympics is designed to incorporate problem solving skills, creativity, and interactive hands-on experiences to enhance basic pharmacy practices that will be used frequently in the near future.

## Methodology

	Activities	Descriptions
Week 1	Drug Emoji Challenge	10 question brain teaser puzzle that provides sets of emoji symbols deciphering into a corresponding drug name or drug class
	Lexicomp Challenge	Answering trivia questions based on given generic medication using Lexicomp as resource
Week 2	Donning PPE Relay Race	Putting on PPE in the correct sequence while being timed
Week 3	Fill the Pills	Counting jelly beans to imitate pills while being timed
	Transcribe the RX	5 illegible prescriptions to decipher the prescription and its directions
Week 4	Identify Mystery Pills	Pictures of 6 FDA approved drugs and its dosage form to classify the medication by utilizing Lexicomp
Every Week	Guess How Many Pills Raffle	Candies in a jar providing an estimate on the number of pills in the jar

**Table 1.** Description of the various activities held during Pharmacy Olympics

### **Planning timeline**

- advocates
- Activities built comradery between pharmacy peers (especially after returning from virtual and hybrid forms of learning)

#### **Future Ideas**

- Amazing Race: Dispense Edition
- Pill versus Candy Challenge\*
- Lexicomp Scavenger Hunt\*
   \*Adaptable for online purposes

## Lessons Learned

- American Pharmacist Month Coordinator position is beneficial.
- It is necessary to start planning early.
- Pick a high traffic area for events.
- It takes a team!

#### Photos



Figure 1. Description of how the Pharmacy Olympics was planned and executed.





Pictures 1-2. (Left) Donning PPE (Right) Participation Award





Pictures 3-4. (Left) Drug Emoji Challenge (Right) Guess the "Pills" in a Jar



**American Pharmacists Association**