



APhA-ASP National Officer Elections Candidate for the Office of APhA-ASP National Member-at-large

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## **GOAL STATEMENT**

I've always seen APhA's philosophy in how they support student pharmacists as a "choose your own adventure" book. Despite the many disciplines of pharmacy, APhA has a tailored approach that meets a student exactly where they are and gives them the specific resources they need to pave the path to their future careers.

I am running for Member-at-Large to work with APhA-ASP leaders across the nation to find and highlight innovative ways to inspire participation in our fellow student pharmacists and continue to provide the tools necessary for students to capitalize and individualize their pharmacy experience.

I believe this can be done simply – by listening to you, implementing what you want to see in your chapter and from APhA-ASP nationally, and finding creative solutions to overcome struggles that our student chapters are facing nationwide since returning to a post-pandemic world. Although simple, this process involves your valuable feedback to continue tailoring APhA to the organization in your corner – for every student, for every pharmacist, for all of pharmacy. I look forward to helping my fellow students choose their own adventure in pharmacy and furthering APhA-ASP's mission!

## **BACKGROUND & EXPERIENCE**

My involvement with APhA-ASP began as a P1 student, where I was the P1 student liaison between my cohort and our chapter. This was a very important role to begin in as we started our PharmD journey 100% virtual, and effective communication and notification of APhA-ASP events was critical. I went on to serve as the President-Elect of my APhA-ASP chapter during my P2 year and continue my tenure as our chapter President this (P3) year. Serving in the presidential role through our transition back to in person schooling was important in making sure we continued to host events for our student members and regain a more hands-on role in the community. I also currently serve as the TPA-ASP Chapter director for our school as well as the workgroup lead for the Membership Awards Committee.

I have also served at the Student Excellence Class Liaison for the School of Pharmacy the past 3 years in which we plan events celebrating Pharmacist Month, spread positivity to our students, design scholarships for students, and discuss strategies to improve the student experience in and outside of the classroom. Furthermore, I have served as chair on several committees in our SSHP chapter from being the Outreach Committee Chair, Professional Development Chair, Clinical Skills Competition Coordinator, and Professional Advancement Initiative. I additionally serve as the Rho Chi Epsilon Phi Chapter Vice President as well as an active member of the Phi Lambda Sigma Epsilon Kappa Chapter. Lastly, I serve my community as the Secretary of my neighborhood association.

Nationally, I serve as the work group lead for the ASHP Chapter Advancement Student Society Development Advisory Group. On our team, we focus on enhancing interactions on the ASHP Connect Platform as well as reviewing Share & Reapply applications among chapters to identify standout and innovative SSHPs across the U.S. I also am a member of the national Phi Lamba Sigma Chapter Advancement Committee with a focus on improving, consolidating, and standardizing the annual chapter reporting process.

## **PHILOSOPHIES ABOUT APhA-ASP**

I believe APhA is an organization designed to serve the betterment of the profession or all fields of pharmacy and all members of the pharmacy team. Furthermore, APhA follows a process that allows for feedback, suggestions, and proposals from pharmacists, technicians, and students to better address the needs and wants of our members. I see APhA as the central organization to spearhead all aspects of pharmacy and regulate the affairs of pharmacy. In addition to serving all members of the pharmacy team and fighting for pharmacists to operate at the height of their licenses, I believe APhA strives to better the community we treat. I believe APhA-ASP emphasizes the betterment of the community we are being trained in through promoting and advocating for increased healthcare access and offering affordable healthcare services. These projects not only better the community but help student pharmacists witness healthcare disparities unique to their community and find strategies to overcome those disparities through operating at the top of our intern licenses. In doing so, we, as student pharmacists, have the advantage of learning firsthand the power that our knowledge, care, and compassion can provide across all aspects of healthcare and continue providing a high standard of care in whatever field we choose upon graduation.

## **TALENTS & SKILLS**

My top 2 voices in the GiANT toolkit are Guardian and Nurturer. I think these speak to the high attention to detail and planning I bring to the table when executing events in addition to valuing other's input. I have seen this play out as current chapter President of APhA-ASP because I love to hear brainstorming topics from our executive team and value the creativity and innovation they bring to each meeting. I follow this with the due diligence of asking questions and working out logistics to ensuring the event can be executed successfully. After participating in several organizations and committees locally regionally, and nationally, I have been able to master effective time management that allows for self-care in addition to maintaining professional priorities. I find this most helpful by relying on a calendar holding both personal and professional meetings and events that allow me to prioritizing studying and mental health in between. My past experiences on ASHP and PLS' national committees show I am very passionate about helping student chapters increase member engagement and involvement locally and nationally. Serving as one of the Members-at-large will allow me to have that same impact within APhA-ASP. Serving the president role at my chapter also gives me key insight into the struggles student chapters are facing nationally, and I am excited to find innovative ways to overcome these struggles with each chapter. My top 5 **StrengthsFinder – Competition, Restorative, Achiever, Discipline, and** Significance – also show a strong sense of influence and execution. I believe falling heavily in these two categories will prove the ability to take charge in executing a task with keeping others in mind to ensure successful goal accomplishments. Through my experiences in pharmacy school and employment in community pharmacy and insurance, I have a strong foundation in communication that can be used across the NEC, APhA, ASP chapters, and standing committees.

