

# Health+Wellness Series

## Washington State University

### Description

- Our chapter volunteered at the local science center in downtown Spokane.
- Our goal was to educate local children and families on how to stay healthy in their daily lives.
- Provided unique teaching opportunity to members to practice pediatric education/counseling.

### Timeline

- Planning originated in October, for Mobius wanted to promote series over the holidays.
- Events held every Saturday in February 2022.

### Impact

- Reached 35-50 children and families over 2-hour intervals each day.
- Primary demographic was age 6-10 year olds.

### Projects

- Hand hygiene, healthy plates, what's-in-the-blood, and heart/lung model demonstrations.

### Collaborators:

- Mobius Discovery Center
- Kappa Psi – Beta Pi

