## **Montana's Pharmacists: Improving People's Health**



By 2032, the U.S. could see a shortage of as many as 55,200 primary care physicians. Even if nurse practitioners and physician assistants are fully utilized, patient needs will not fully be met.<sup>1</sup>

Montana has 141 designated HPSAs and only 34% of the primary care needs in those areas are currently being met.<sup>2</sup>There are 1,420 highly trained pharmacists in MT who are ready to provide valuable healthcare services.<sup>3</sup>

#### **Meeting Patients' Needs in Montana**



more primary **Pharmacists** care providers ready to help<sup>6</sup> are needed <sup>s</sup>

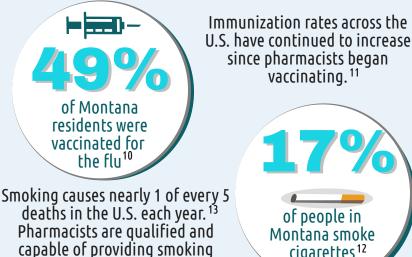
#### **Diabetes**

Diabetes is a complex condition that is often managed by multiple medications. Pharmacists can optimize care and help patients understand their medications and their condition in order to improve outcomes and avoid complications.<sup>7</sup>

### **Cardiovascular Disease (CVD)**

CVD Diabetes **Prevalence of** chronic disease in Montana<sup>9</sup>

For patients with uncontrolled high blood pressure, waiting even two months to optimize medications increases the risk of complications, including hospitalizations. Pharmacists are highly accessible members of the care team who significantly improve blood pressure control and can provide timely follow-up and monitoring to improve outcomes.<sup>8</sup>



cessation counseling.

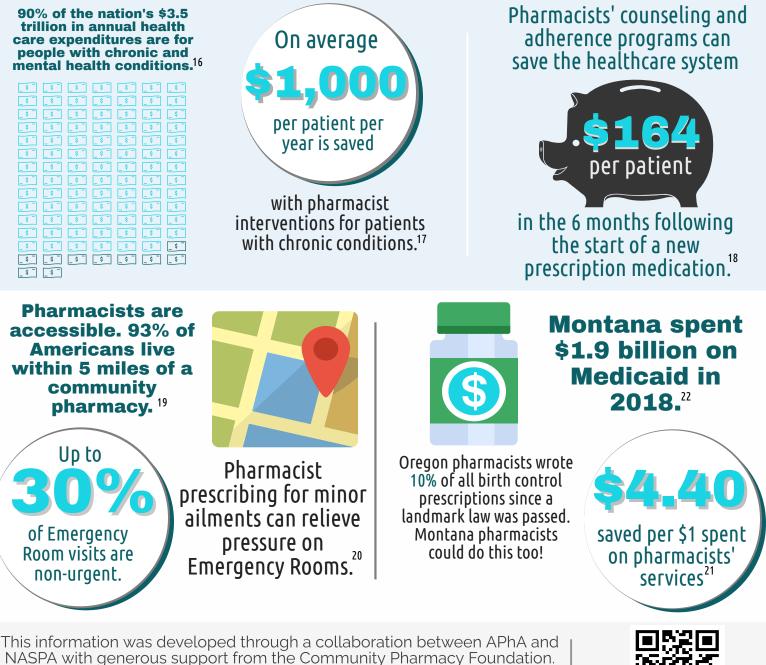
17% of people in Montana smoke cigarettes<sup>12</sup>



Medications are critical for the treatment of chronic conditions. Pharmacists can help patients use them safely and effectively to avoid medication related problems.

# Montana \$968,000,000 spends \$968,000,000 annually on prescription medications.<sup>15</sup>

Investing in pharmacists' services optimizes the use of those prescription medications. Decades of research have proven the value of including pharmacists on healthcare teams. Improved health outcomes, lower costs, and increased access to care could be a reality for Montana residents if pharmacists were fully empowered to serve as patient care providers.











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