

# Migraine medication options

This is not a complete list. For more information, talk to your pharmacist or doctor.

**Medication** to relieve **symptoms when a migraine happens.**

**Over-the-counter:** mild to moderate acetaminophen, aspirin, diclofenac, ibuprofen, naproxen, acetaminophen/aspirin/caffeine

## **Prescription required**

**Triptans:** moderate to severe almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, sumatriptan/naproxen, zolmitriptan

## **CGRP receptor antagonists:**

moderate to severe rimegepant, zavegepant

## **Serotonin (5-HT<sub>1F</sub>) receptor agonists:**

lasmiditan

## **Nausea medications:**

chlorpromazine, droperidol, metoclopramide, prochlorperazine, promethazine, ondansetron

## **Other options:**

dihydroergotamine, ketorolac

**If you use these medications every day for migraines, talk to your pharmacist or doctor.**

CGRP = calcitonin gene-related peptide

**Preventive medication is taken regularly** (even on days with no symptoms) to decrease the number and duration of migraines.

## **Prescription required**

### **CGRP receptor antagonists:**

ubrogepant, rimegepant, atogepant

### **CGRP antibodies:**

galcanezumab, fremanezumab, eptinezumab, erenumab

### **Beta blockers:**

propranolol, timolol

### **Anticonvulsants:**

topiramate, valproic acid

### **Tricyclic antidepressants:**

amitriptyline

## **Tips to Help You Remember to Take Your Medication**

1. Set an alarm
2. Use a pillbox
3. Keep a calendar
4. Ask for help from family or friends

**Talk to your pharmacist if you are unsure of how to take your medication.**



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