



**APhA-ASP National Officer Elections**  
**Candidate for the Office of APhA-ASP National Member-at-large**

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### **GOAL STATEMENT**

APhA-ASP is an organization that is based on evolving the present landscape and shaping the future of pharmacy. As National Member-at-large, I will promote the mission of APhA and advance the profession through collaboration, innovation, and growth. I will work to advance pharmacy and implement changes to best serve others. As an advocate, I will continue to engage students to get involved to have lasting impacts on our future careers. I will promote collaboration by staying in constant communication with each chapter, plan monthly office hours to address questions and concerns, host idea sharing sessions and highlighting successes within the membership. Innovation includes looking to improve while enhancing our strengths and evaluating our weaknesses. This should be done on an annual basis to ensure we are constantly developing and refining. I intend to be a part of the growth in pharmacy and adapt to change, including constantly looking ahead to growing the profession and APhA. I will strive to maintain the relationships between the regional delegates, MRM-C and members of national standing committees, and work to ensure we are unified and uphold our responsibilities as APhA leaders. As student pharmacists, we can grow together into stronger leaders, practitioners, and advocates.

### **BACKGROUND & EXPERIENCE**

Throughout my pharmacy career, I have taken on a variety of leadership positions within my university, however my most treasured role has been as president of my local APhA-ASP chapter. This year, I planned and facilitated a Walk-By Clinic to provide free healthcare to our community. Our clinic empowered over 40 pharmacy student volunteers and multiple faculty members to assist with our activities. We provided free flu shots, blood pressure screenings, blood glucose tests, mental health information, medications disposal bags, Narcan information, reproductive health resources, and OTC medication safety tips. During this event, we also showcased the importance of American Pharmacist Month to our local community to highlight the many roles of a pharmacist and how they can help our community. As our chapter's president, I continue to help organize events, motivate our chapter leaders, promote pharmacy and patient care, and gather many to achieve one common goal: helping our community.

Along with being our chapter president, I have the honor of serving as the current Region 6 Delegate. During this term, I have enjoyed participating in the January Business Meeting and answering questions from students within Region 6. I have collaborated with the other Regional Delegates to formulate four proposals to present to the House of Delegates. I felt our teamwork allowed us to grow as individuals and as a group. There is such great power in student pharmacists working together to advance the field of pharmacy and advocate together. This ultimately inspired my journey to run for National Member-at-large.

At St. Louis College of Pharmacy, I serve as the Phi Lambda Sigma chapter president. I had the opportunity to serve with other regional presidents and also organize fundraisers and ceremonies and promote the importance of leadership in pharmacy. Along with PLS, I also have served as the Student Government Association Vice President of the College of Pharmacy for the past 3 years, where I am able to collaborate with our Dean, faculty, staff, and students to ensure all voices are heard. I strive to constantly improve our university's campus life, academics, and professional opportunities. I work tirelessly for my college and profession, which motivates me to self-improve to become an effective health professional for my community.

### **PHILOSOPHIES ABOUT APhA-ASP**

APhA-ASP has been a major component of my life for the past 3 years. I have witnessed the power our contributions can make in my community. Each patient care operation focuses on a specific area that can be specifically addressed by our students, and has the potential to greatly impact multiple facets within our community. Our 2023 Walk-By Clinic showcased each operation so our community members could see various ways pharmacists could address their needs and concerns. Our chapter prides itself on ensuring each operation has one event a semester to serve our college and community.

A strong aspect of APhA are the national meetings, with intentional and robust student programming. Not only does this increase networking and education opportunities for students, but it fuels the passion we have for pharmacy. At times, we can feel discouraged, however meetings such as Annual and MRM show the force and power of bringing pharmacists and student pharmacists together to celebrate our profession and emphasize the importance of our role as health professionals. Attending these conferences allows us to be the voice of pharmacy and have an impact on making changes that will ultimately benefit our patients and improve outcomes.

APhA strives to create opportunities for members to optimize medication use and focuses on inclusivity, as well as ensuring that we all have a voice within our profession. As a future pharmacist, these ideals align with my morals and ethical principles. They provide ongoing education opportunities for students and current practitioners to ensure we are staying updated throughout our careers. This also allows us to have the advanced knowledge within our practice settings to utilize to provide adequate patient-centered care.

APhA-ASP truly is there to serve every student pharmacist, for all of pharmacy, past, present, and future.

### **TALENTS & SKILLS**

During my pharmacy career, I have taken on a variety of leadership positions within my campus. Along with these organizations, I graduated with my MBA from the University of Missouri- St. Louis in December 2023. With multiple items on my agenda, I still have managed to complete all tasks and responsibilities while maintaining my studies. Although I will be a P4 during this position, I can assure that I will remain dedicated and passionate with my responsibility towards each chapter of the region and APhA overall. I have found APhA to be a major part of my life both professionally and personally. This organization has shown me the importance of pharmacy and advocacy. I am extremely passionate about the field of pharmacy, and I allow this passion to drive me to do better for my community, chapter, and individually.

Along with passion, I do believe it is important to have great time-management skills, which I have upheld with the many positions I have been a part of as well as communication. Communication goes hand in hand with collaboration as we want to ensure transparency within APhA. This creates a stronger force of student pharmacists working together to better the field of pharmacy. Walter Peyton once said: "we are stronger together than we are alone" and I believe this to be applicable to pharmacy. If we increased awareness of advocacy within our individual schools, our capitals and legislation, and then onto the national level, we would be an unstoppable force working towards the betterment of our patients' lives. This is where my passion stems from, the ability to look towards the future. I constantly look towards improving pharmacy and sharing the importance of pharmacists in our healthcare system. I intend to create a strong force within APhA and every region within. Thus, having a strong national APhA chapter that works together solving and sharing common goals is ideal.

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**POWER**  
of Pharmacy

